

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p>CHIMICHANGA RICE PILAF MANDARINS COOKIE</p>	<p>2</p> <p>PANCAKES SAUSAGE ORANGES CHUNKY APPLES</p>	<p>3</p> <p>CHICKEN STRIPS POTATOES W/GRAVY CORN ROLL</p>	<p>4</p> <p>ITALIAN DUNKERS GREEN BEANS PEARS BREADSTICKS</p>	<p>5</p> <p>HAMBURGER FRIES PEACHES APPLE CRISP</p>
<p>8</p> <p>CORN DOG TRIANGLES PINEAPPLE CHOC CHIP BAR</p>	<p>9</p> <p>BURRITOS CORN MANDARINS COOKIE</p>	<p>10</p> <p>PORK RIB SANDWICH FRIES PEARS JELLO</p>	<p>11</p> <p>TACO SALAD CARROTS MIXED FRUIT ELF GRAHAM</p>	<p>12</p> <p>PIZZA PINEAPPLE CORN COOKIE</p>
<p>15</p> <p>NO SCHOOL</p>	<p>16</p> <p>BEEF STRIPS POTATOES W/GRAVY PEARS ROLL</p>	<p>17</p> <p>CHILI W/CHEESE CARROTS MANDARINS CINNAMON ROLL</p>	<p>18</p> <p>CHEF SALAD CELERY STICKS PEACHES BREADSTICKS</p>	<p>19</p> <p>SOUP SANDWICH APPLESAUCE COOKIE</p>
<p>22</p> <p>CRISPITOS GREEN BEANS PEARS HONEY GRAHAMS</p>	<p>23</p> <p>CHICKEN SANDWICH FRIES MIXED FRUIT BROWNIE</p>	<p>24</p> <p>SPAGHETTI MIXED VEGGIES PEACHES GARLIC BREAD</p>	<p>25</p> <p>MS/HS BAKED POTATO W/TOPPINGS MANDARINS COOKIE ELEMENTARY RAVIOLI MANDARINS CORN ROLL</p>	<p>26</p> <p>SUB SANDWICH BAKED BEANS APPLESAUCE CHIPS</p>

Guess What?

Your heart can beat up to 40,000,000 times per year!
Roller-skating involves all of the body's muscles, especially the heart, and provides a complete aerobic workout.

School News

Feb. 5 & 6
Divisional Wrestling
@ Columbus Schools

Feb. 12 & 13
State Wrestling @ Metra
Park

Feb. 15
No School

Feb. 17
3rd Quarter mid-term

Feb. 17, 18, 19, & 20
District Boys' & Girls'
basketball @ Columbus
Schools

Feb. 25, 26, & 27
Divisional boys' basketball
@ Belgrade

